November 2015 Newsletter

Contact Details

Relieving Principal          Ms E Marinis
Relieving Deputy Principal   Mrs L Pares
Relieving Deputy Principal   Mr C Campbell
P&C President                Mrs C McMillan
Address                      Keyworth Drive Blacktown 2148
Telephone                    9622 9944 / 9622 8926
Fax                           9831 2805
Email                        mitchell-h.school@det.nsw.edu.au
Website                      www.mitchell-h.schools.nsw.edu.au
SMS Absences                 0427 463 129

Dates to Remember

The Mitchell High School Parents and Citizens Association (P&C) meets on the second Wednesday evening each month at 7.00pm in the Mitchell High School Common Room. All parents/carers and friends are welcome to attend.

Year 12 Formal               Tuesday 10th November
Year 12 Clearance Day        Wednesday 11th November
Year 9 & 10 Yearly Exams     Monday 2nd November - Friday 13th November
Year 7 2016 Orientation Day  Thursday 3rd December
Presentation Day             Friday 4th December
Last Day of Term 4           Wednesday 16th December
Years 7 & 11 Start           Thursday 28th January 2016
Years 8, 9, 10, 12 Start     Friday 29th January 2016

Relieving Principal's Report

The HSC examinations are now all completed. The past twelve months has been stressful for both the students undertaking the HSC and their families. I would like to congratulate year 12 for lasting the distance and their families for supporting them throughout. I would also like to congratulate the students for the way that they conducted themselves during the examinations. The Presiding Officer appointed by the Board of Studies to oversee the examinations at Mitchell High School has commented to me that this year, HSC students have been very well behaved and have indeed resonated what it is to be a REAL student at Mitchell High. A huge thank you must go to all the teachers who sweated over preparing the students for the examinations, they worry and fret each and every year in preparing the students. I wish the students the very best for their results and look forward to celebrating with them the next milestone of being in Year 12, the Formal.

Safe Celebrating

- Parents please be aware that it is the silly season with students finishing their Higher School Certificate. After Formal parties are very popular with students. If you are aware of these event taking place please ensure that the venue is being well supervised by responsible adults.
- Ask your son or daughter about invitations and whether they were distributed with strict RSVPs and check lists at the front door or entry.
- Ask the host about security and if the party has been registered with the police.
- Alcohol is an issue as some students at the after party will be under age and alcohol consumption and the provision of alcohol to people under 18, is illegal and involve many risks with regard to legal issues, liability and the health of young people.
- Transportation to and from the party is another responsibility. Ensure that this is planned so that students do not take risks to get home.
Mitchell High School

Respectful, Engaged & Active Learners

- It is important that all students who are to attend their formals abide by the schools code of conduct regarding behaviour.

Acknowledging others

October 5th was World Teacher’s Day. The theme was “Empowering teachers, building sustainable societies.”

October 10th “R U Okay” We want to inspire students to ask each other about the stuff that really matters and be there for one another when life gets a bit tough or stressful.

Grandparents Day, 25th October is a chance for children and the community to thank grandparents for their love and support.

This special day recognises the significant contribution that grandparents make to their families and communities. It is also an occasion for acknowledging the efforts and devotion of grandparents who are full-time carers for their grandchildren.

Did you know that in 2011 around 937,000 Australian children received child care from a grandparent on a regular basis. This represented over a quarter of all children (26%) aged 0-12 years who regularly attended some type of child care.

Funding for 2016

In 2012, the NSW Government announced its Local Schools, Local Decisions (LSLD) reform for NSW public schools. This reform places students at the centre of school decision making. It gives principals and school communities a greater say over how they use the available resources to best meet the needs of their students.

To enable the shift of resources to the school level, a Resource Allocation Model (RAM) has been developed. The RAM provides a simpler, fairer and more transparent distribution of government school funding and changes the way resources are managed in our school system.

On 21 October 2015, the NSW Premier the Hon Mike Baird MP and the Minister for Education the Hon Adrian Piccoli announced the next phase of the RAM implementation. In 2016, $113 million in additional funding has been allocated to NSW public schools through the RAM. These additional funds have been allocated in a way consistent with the recommendations of the Gonski Review.

In 2016, NSW public schools will receive a base allocation for staff professional learning and funding for each student using a new methodology. Schools will continue to receive equity loadings for socio-economic background, Aboriginal background, English language proficiency and low level adjustment for disability.

Eligible schools will also continue to receive a location allocation in 2016 to address the additional costs faced by NSW public schools that are geographically remote or isolated.

Our school has been advised that we will receive $1,295,195 RAM equity funding to support our students with additional learning needs in 2016.

The school executive will continue to work with our school community to determine the best ways to use these resources to support student learning.

Projects like the homework centre, Student Education and Transition officer, CREW, Project Based Learning, ALARM, Student Support Teachers will continue with the development of new projects.

Student leadership

Our 2015 Prefects, School Captains and Vice Captains have shown great leadership and support for Mitchell High School. The leadership demonstrated by our Captains Stefan Gusic and Marie Sadek has been outstanding and they and our outgoing Vice Captains Eden Carter and Jeremy Libunao, prefects Michelle Dostalav, Samuel Guzman, Mohamed Halawi, Daniel Mayor, Amy McMillan and Jessica Oo have demonstrated dedication and commitment to a very high standard.

For the newly elected Leadership Team

School Captains Jordan Cabot and Mariah Jammal
Vice Captains Jordan Ashby- Brigandi and Matthew Taylor

<table>
<thead>
<tr>
<th>Year 12 Prefects</th>
<th>Year 11 Prefects</th>
</tr>
</thead>
<tbody>
<tr>
<td>Elizabeth Atfield</td>
<td>Sarah Atfield</td>
</tr>
<tr>
<td>Renee Booth</td>
<td>Liam Dean</td>
</tr>
<tr>
<td>Lara Crampton</td>
<td>Hannah Hall</td>
</tr>
<tr>
<td>Kaitlyn Hulley</td>
<td>Mitchell Kerr</td>
</tr>
<tr>
<td>Aye Chan Khin</td>
<td>Tatiana Nguyen</td>
</tr>
<tr>
<td>Chloe Wood</td>
<td>Cassandra Taylor</td>
</tr>
</tbody>
</table>

I would like to congratulate them and welcome them to an elite group. They are the ones who put themselves on the line, for public election, the students and teachers have chosen them as the people to best uphold the tradition of Prefects at Mitchell High School.

I would also like to commend all of the students who were nominated for Captain and Vice Captain. The speeches that this fine group of students delivered to their peers and the school executive were both polished and professional. I was incredibly proud to listen to their positive descriptions of school life and many of these students cited examples of leadership opportunities that have been made available over the course of their education at Mitchell High School. They included involvement in school programs such as the Student Representative Council, Young Leaders conferences, Tournament of Minds, local council initiatives, peer support, sporting involvement and their representation in the Arts and talented students programs that the school offers.
Many students were able to speak about their involvement as a student ambassador in our International Links program and their success academically. Many were able to describe the awards that they have gained over their time at Mitchell High school in relation to being recipients of PRIDE cards, service awards and receiving Gold Awards based on being a Respectful Engaged and Active Learner. We certainly have some very good leaders in our incoming group of prefects and captains and their family and friends have very good reason to be proud of them.

A school with great buildings and great resources is nothing without the people within. School culture is largely defined by parent expectations, the teachers and most importantly the students.

Our Prefects certainly help teachers, but I believe they help students even more. First and foremost our prefects are leaders; they lead the student body through example and by design. In these uncertain times our future depends upon our leaders. The experience that Prefects gain by being student leaders helps to ensure that we have a good pool of future leaders in our community.

When our students finally leave our school, I am confident that they leave with the skills and values to contribute in a very positive way to our society.

International links

I would like to share a letter I received from Mrs Gillian DeValle, grandparent of Laura Robertson.

The Principal
Mitchell High School
Keyworth Drive
Blacktown, 2148

Dear principal,

As a grandparent of one of the students (Laura Robertson) who took part in the European Tour this year, I would like to express to you what a fantastic job was done by Miss Mehic and Mr Turner and would like you, on my behalf to thank them for their effort. In a time when it appears too common to criticize our teachers Mr Turner and Miss Mehic put my fears and doubts for my precious granddaughter completely at ease with their informative and very funny “blog”

If their teaching skills are an indication of the professionalism of the rest of your staff “all’s good with my world”

Thank you

Kind regards,
Gillian DeValle

We welcomed back Mr Turner and Ms Mehic and our students who had an amazing adventure in Europe. Thank you to Mr Turner and Ms Mehic for their organisation and to all our families that sent their children/grandchildren and the billeting families that opened their home and hearts and helped to make wonderful memories. A very big THANK YOU.

Mrs Mahony and Mr Connolly are busy organising our 2016 USA Trip.

Our School Captains and Vice captains were invited together with 11 dance students to attend the Korean Flag raising ceremony at Blacktown council followed by a taste of Korean cuisine.

This week we welcome the arrival of the Deputy Principal from our new sister city school in Sesoung gu to discuss our exchange for 2016.

Mitchell High is a school that is a pioneer in international school tours. It is often said that travel broadens the mind; however with a closed mind to new experiences and new people it may simply reinforce prejudice and a view that nowhere can be better than home. Cultural exchanges such as the one we have; living in each other’s homes, attending school, visiting friends and family take us all to a much greater understanding of each other. It shows us how much we are alike and at the same time how different from each other we can be. It is not about comparisons, but trying to break down barriers and cultural stereotypes. It goes a long way in dispelling perceptions and
misconceptions based on ignorance or worse the media’s interpretation of each other.

Elena Marinis  
Relieving Principal

Relieving Deputy Principal’s Report

It is a timely manner with the weather improving and more of our students choosing the option of walking or riding a bike to and from school, that we remind ourselves of our responsibilities when using the roads. Generally speaking the local community commend our students for their behaviour around the local area when travelling to and from school however, disappointingly, we have had some calls recently whereby it has been reported students have not followed road rules and have placed themselves or the general public in danger.

Therefore I have included as a reminder some tips below for both pedestrians and students riding a bike.

Pedestrians must remember the following:

- They need to stop, look, listen and think every time they cross the road.
- Pedestrian crossings, refuges and crossings with traffic lights should be used, however they still need to be careful as cars do not always stop.
- Crossing from behind parked cars or behind buses is dangerous and not on.

If students travel by car they should;

- Understand that it is the law to wear a seatbelt.
- Discuss their travel arrangements with you before accepting a lift.
- Be a responsible passenger by not distracting the driver.
- Say something if the driver starts taking risks, such as speeding.
- Reduce the risks by getting out of the car on the kerb side, not the traffic side, and crossing the road only when there is a clear view and it is safe to cross.

If students ride their bike, they should remember that;

- It is the law to wear a helmet that complies with the Australian and New Zealand Standard when riding a bike in a public place. The helmet needs to be buckled and fit firmly so that it protects the forehead and won’t slip.
- They need to develop skills and understanding for riding in traffic environments.
- Wearing something reflective will make them more easily seen in traffic.
- Carrying a heavy bag will affect their ability to balance and steer the bike.
- They should use shared pedestrian/bike paths or bike lanes, where available.
- They need to check their bike regularly to ensure that the bike and brakes are in good order.

It is also a timely reminder to look at what the consequences are legally both in a monetary sense and with regards to demerit points. I have therefore included below a table which clearly outline a variety of offensives along with the legal consequences;

<table>
<thead>
<tr>
<th>OFFENCE</th>
<th>PENALTY AMOUNT</th>
<th>DEMERIT POINTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Not give way to oncoming vehicle</td>
<td>$319</td>
<td>3</td>
</tr>
<tr>
<td>Not give way to oncoming vehicle (school zone)</td>
<td>$425</td>
<td>4</td>
</tr>
<tr>
<td>Not give way to pedestrian</td>
<td>$319</td>
<td>3</td>
</tr>
<tr>
<td>Not give way to pedestrian (school zone)</td>
<td>$425</td>
<td>4</td>
</tr>
<tr>
<td>Not stop at/before stop sign/line</td>
<td>$319</td>
<td>3</td>
</tr>
<tr>
<td>Not stop at/before stop sign/line (school zone)</td>
<td>$425</td>
<td>4</td>
</tr>
<tr>
<td>Not give way to pedestrian on crossing</td>
<td>$425</td>
<td>3</td>
</tr>
<tr>
<td>Not give way to pedestrian on crossing (school zone)</td>
<td>$531</td>
<td>4</td>
</tr>
<tr>
<td>Driver use mobile phone when not permitted</td>
<td>$319</td>
<td>3</td>
</tr>
<tr>
<td>Driver use mobile phone when not permitted (school zone)</td>
<td>$425</td>
<td>4</td>
</tr>
</tbody>
</table>
The uniform shop has all items in stock at present and with orientation day just around the corner for our new Year 7 students there will certainly be enough stock. If you are preparing for next year, I have asked the uniform providers to supply white undershirts for winter for sale to wear under the appropriate school shirt.

We are also currently investigating a new lining for the jackets to ensure they are warmer for the colder months. These should be available for winter next year and we will continue to sell the thinner one for those who do not want extra warmth.

The uniform shop is open Tuesday (8 – 12) and Thursday (12 – 4). It will be open for the week prior to school resuming in 2016.

School Locker Superstore

Our uniform provider is opening a Superstore in Sydney and will be stocking some of our uniform items in it. The location is:

18/2 Orange Grove Road, Warwick Farm NSW 2170
Opening date: prior to Christmas 2015

You will be able to access this store as well as the campus store to purchase items. The Superstore will also be stocking musical items, sporting goods, stationary items and BYOD device. They will also be supporting the school as they are offering a rebate also be stocking the thinner one for those who do not want extra warmth.

A few items to note in particular that we are starting to see emerge as problems:
- senior girls are not allowed to wear the tartan skirt
- junior girls are not allowed to wear the tie with the shirts, they are not designed for a tie
- scarves are to be white or navy blue only
- boys socks should be grey or white NOT black
- all shoes MUST be black leather lace up shoes for WHS reasons. High ankle boots are not allowed
- hats must be worn in the correct manner with the cap at the front

BYOD and School Locker

We are currently negotiating with the School Locker for excellent pricing on items for the BYOD (Bring Your Own Device) that will be compatible with the schools systems and requirements. If you purchase from these guys you will also be supporting the school as they are offering a rebate to us when you purchase online, at the school store or Harvey Norman. All students will be supplied with a Student Access Card that when activated can be shown to enable the school to receive the rebate. This will be available to use at the school shop, the Superstore and Harvey Norman.

Subject choices for 2016

All students in years 8-11 have been notified of their subjects for next year. Students in Year 10 were able to make some changes based on subject availability and this may still be possible for next year once final numbers are confirmed. Year 8 & 9 students are not able to make any changes at this stage as 97% of students did manage to

PARKING

<table>
<thead>
<tr>
<th>OFFENCE</th>
<th>PENALTY AMOUNT</th>
<th>DEMERIT POINTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Disobey no stopping sign</td>
<td>$248</td>
<td>-</td>
</tr>
<tr>
<td>Disobey no stopping sign (school zone)</td>
<td>$319</td>
<td>2</td>
</tr>
<tr>
<td>Disobey no parking sign</td>
<td>$106</td>
<td>-</td>
</tr>
<tr>
<td>Disobey no parking sign (school zone)</td>
<td>$177</td>
<td>2</td>
</tr>
<tr>
<td>Stop on pedestrian crossing</td>
<td>$319</td>
<td>1</td>
</tr>
<tr>
<td>Stop on pedestrian crossing (school zone)</td>
<td>$425</td>
<td>2</td>
</tr>
<tr>
<td>Stop in bus zone (school zone)</td>
<td>$319</td>
<td>2</td>
</tr>
<tr>
<td>Double Park (school zone)</td>
<td>$248</td>
<td>-</td>
</tr>
<tr>
<td>Double Park (school zone)</td>
<td>$319</td>
<td>2</td>
</tr>
<tr>
<td>Stop at bus stop (school zone)</td>
<td>$248</td>
<td>-</td>
</tr>
<tr>
<td>Stop at bus stop (school zone)</td>
<td>$319</td>
<td>2</td>
</tr>
</tbody>
</table>

Colin Campbell
Relieving Deputy Principal (Years 7, 9, 11)

Relieving Deputy Principal’s Report

Elevate Study Skills

Last week Year 11 were involved in some workshops with Elevate Education to help develop good work habits and to equip them with a variety of study skills to help prepare them for the HSC next year. Earlier this year they also had 2 workshops on similar topics and we will follow this up again in 2016 with a 4th workshop. This is one of the many initiatives that we are doing as a school with our Equity funding to support whole year cohorts to improve their ability to maximise their marks.

Year 10, 11 and 12 in 2016 will also be involved in a variety of study skills workshops to engage them in their chosen subjects and to help ensure they gain the best advice and therefore marks for their assessments and exams.

Uniform

It is timely to update families on uniform issues and developments so that you can be prepared for the new school year. I am attaching the uniform requirements for both junior and senior students so that you can have the correct information to discuss with your child when they are asking for specific items.
get their choices. It is now a priority for us to have a new timetable ready for the end of the year and so no changes can be made until next year and only then if there are spots available.

It is timely to also mention that students should have all of their subject contributions paid off by now and if they are not they may be removed from a practical subject requiring fees for next year. If there are any concerns with this please contact the relevant Deputy for your child.

**Last newsletter**

As this is the last newsletter for this year I would like to wish all families a very Merry Christmas and safe and Happy New Year.

Lee-Anne Pares  
Relieving Deputy Principal (Years 8, 10, 12)

---

### Labscene @ MHS

**Science Encouragement Award Term 3 2015**

For the Third time this year at MHS, the Science Faculty will be presenting Science students with an award called the “Science Encouragement Award”.

One student from every Science Class in Yr 7-10 is nominated for this award once a Term by their Science Teacher.

To become a recipient of this award – the student must be a Respectful, Engaged, Active, Learner in the classroom, show interest in the subject, has made a consistent effort with their learning, shown improvement and is willing to get involved in all activities.

The winner of such an award will receive:

- A Science Encouragement Award Certificate to add to their Portfolio
- 5 Vivo-points will go towards their Vivo account
- 5 points will go towards their House
- A McDonald’s Food Voucher worth $5
- As well as their names being announced at assembly and published in the Electronic School Newsletter.

The Recipients of the Science Encouragement Award for Term 3 2015 are:

<table>
<thead>
<tr>
<th>Class</th>
<th>Surname</th>
<th>First Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>7A</td>
<td>Canoy</td>
<td>Taneisha</td>
</tr>
<tr>
<td>7S</td>
<td>Beckwith</td>
<td>Brock</td>
</tr>
<tr>
<td>7Q</td>
<td>Singh</td>
<td>Sonal</td>
</tr>
<tr>
<td>7G</td>
<td>Raad</td>
<td>Chloe</td>
</tr>
<tr>
<td>7E</td>
<td>Wang</td>
<td>Annie</td>
</tr>
<tr>
<td>7J</td>
<td>Daniels</td>
<td>Lachlan</td>
</tr>
<tr>
<td>7C</td>
<td>Stuart</td>
<td>Maddison</td>
</tr>
</tbody>
</table>

---

### 2016 Dates to Remember

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>School Development Day</td>
<td>27 January</td>
</tr>
<tr>
<td>Years 7 &amp; 11 Commence School</td>
<td>28 January</td>
</tr>
<tr>
<td>Years 8, 9, 10 &amp; 12 Commence School</td>
<td>29 January</td>
</tr>
<tr>
<td>MHS Swimming Carnival</td>
<td>4 February</td>
</tr>
<tr>
<td>School Photographs</td>
<td>11 February</td>
</tr>
<tr>
<td>Meet the Teacher for Years 7, 11 &amp; 12</td>
<td>17 February</td>
</tr>
<tr>
<td>P&amp;C &amp; Parent Forum Meeting</td>
<td>24 February</td>
</tr>
</tbody>
</table>

---

### Year 7  

<table>
<thead>
<tr>
<th>Class</th>
<th>Surname</th>
<th>First Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>8A</td>
<td>Bruzese</td>
<td>Adrian</td>
</tr>
<tr>
<td>8B</td>
<td>Nguyen</td>
<td>Jessica</td>
</tr>
<tr>
<td>8C</td>
<td>Rainu</td>
<td>Gurleen</td>
</tr>
<tr>
<td>8D</td>
<td>Whelan</td>
<td>James</td>
</tr>
<tr>
<td>8E</td>
<td>Su</td>
<td>Yixin</td>
</tr>
<tr>
<td>8F</td>
<td>Crider</td>
<td>Kayla</td>
</tr>
<tr>
<td>8G</td>
<td>Avery</td>
<td>Rachelle</td>
</tr>
</tbody>
</table>
Just to add a little more excitement to this award – Mrs Shaw selected one recipient from each year group by placing all of the Term 3 recipients into a hat and drawing a winner to receive a Hoyts Movie Ticket.

The Recipients for the Movie Ticket are:

### Victor Chang Cardiac Research Institute Science Award 2015

The Victor Chang Cardiac Research Institute Science Award is one of Australia’s pre-eminent research organisations with both a national and international reputation for excellence in biomedical research and training. To foster and encourage interest in science and a career in science, which requires the highest levels of educational achievement, innovation, creativity and hard work, the Institute has established a Science Award to recognise the efforts and achievements of Australian Secondary School Students.

Victor Chang was an outstanding cardiothoracic surgeon in Australia and South-East Asia, and one of the leading heart surgeons in the world. He pioneered the future of cardiothoracic surgery and research in Australia. He was responsible for developing Australia’s National Heart Transplant Programme and, at the time of his death, was working on the development of an artificial heart valve, which would be used to support seriously ill patients who were awaiting heart transplants.

Victor Chang nurtured a vision to establish an internationally-recognised cardiac research centre at St Vincent’s. With his tragic and untimely death in 1991 efforts to realise Victor’s dream accelerated resulting in generous donations which enabled the establishment of The Victor Chang Cardiac Research Institute (VCCRI).

It gives me great pleasure to announce that this year’s recipient of the Victor Chang Award goes to two Year 11 students – Rebekah Moore and Aye Chan Khin. The presentation of the award will take place on Monday 26/10/15 at Blacktown City Council at 4pm. Please join me in congratulate both Rebekah Moore and Aye Chan Khin.

Congratulations to all recipients - from the Science Faculty.

Science Teachers at MHS are now looking for new recipients for Term 4 2015 – so keep on trying and goodluck.

Mr Debrincat
Head Teacher Science
**Year 11 Languages Achievers List 2015**

Congratulations to the following students – well done!!

<table>
<thead>
<tr>
<th>Subject</th>
<th>1st</th>
<th>2nd</th>
<th>3rd</th>
</tr>
</thead>
<tbody>
<tr>
<td>2U French Beginners</td>
<td>Rebekah Moore</td>
<td>Jordan Ashby-Brigandi</td>
<td>Rianna Clarke</td>
</tr>
</tbody>
</table>

**Year 11 Science Achievers List 2015**

Congratulations to the following students – well done!!

<table>
<thead>
<tr>
<th>Subject</th>
<th>1st</th>
<th>2nd</th>
<th>3rd</th>
</tr>
</thead>
<tbody>
<tr>
<td>Biology</td>
<td>Liam Dean</td>
<td>Tatiana Nguyen</td>
<td>Celina Tran and Matthew Taylor</td>
</tr>
<tr>
<td>Physics</td>
<td>Jason Ison</td>
<td>Renee Booth</td>
<td>Harun Genc</td>
</tr>
<tr>
<td>Chemistry</td>
<td>Ke Zhao</td>
<td>Harisman Saini</td>
<td>Aye Chan Khin and Rebekah Moore</td>
</tr>
<tr>
<td>Senior Science</td>
<td>Mitchell Galliani</td>
<td>Nelay Pandey</td>
<td>Pritika Sharma</td>
</tr>
</tbody>
</table>

**L’Oréal Girls in Science Forum**

In September, a group of female Mitchell HS students from Years 9 and 10 were amongst some 300 Sydney schoolgirls who attended the L’Oréal Girls in Science Forum at the University of New South Wales. The day began with an open forum with the winners of the 2015 L’Oréal-UNESCO for Women in Science Australia Fellows. This year’s winners from Australia were:

- Dr Jodie Rummer, a marine scientist at James Cook University and the ARC Centre of Excellence for Coral Reef Studies in Townsville
- Dr Muireann Irish, a cognitive neuroscientist at Neuroscience Research Australia and the University of New South Wales
- Dr Shari Breen, an astronomer with CSIRO

Students listened to the scientists talking about their research and were able to ask questions.

After lunch, the students went on 2 tours. The first one was of a Physics laboratory where the girls looked at some current research and some of the girls had first-hand experience with liquid nitrogen. The second tour was at the Human Disease Museum where students looked at samples of human parts that have been affected by disease.
Figure 5 Hands-on activity in a Physics Lab; L’Oréal Girls in Science Forum, UNSW.

Figure 6 Mitchell HS Students at the L'Oréal Girls in Science Forum, UNSW.

The girls thoroughly enjoyed the opportunity to gain exposure to real-life Science and immerse themselves in a University environment. For more information, go to www.loreal.scienceinpublic.com.au/2015fellows.

Dr Munro-Smith
Supervisor of Girls

Sport Report

Term 4 2015 Sport
Term 4 Sport has commenced and students are enjoying the variety of sports each week. A reminder that there are no I.O.Us given for paid sport. Students who forget their money will need to attend a school sport or go to detention.

Sport Uniform on Tuesdays
Could you please ensure that your child has their sport uniform ready for Tuesday. If the uniform is misplaced, lost or in the wash they will still be allowed to participate if they bring a note and alternate sports gear. Students will be allowed to participate if they have running shoes but will be issued with a uniform note for the incorrect uniform. Students who do not bring their full PE uniform will be sent to Sport detention for the afternoon.

Tuesday Early Leavers and Sickness
Students who require an early leaver’s pass on Tuesday are to bring a note with a parent/caregiver contactable phone number on it. Students bring this note to the AV Room at Recess. The Parent/Caregiver will be contacted by Mrs Maguire to verify the reasons for the early leavers identified in the note.

Students who are sick or injured are to bring a note to be signed by Mrs Maguire in the PE staffroom by the end of Recess. These students will then go to the Library during sport time.

Knockout Competitions
Under 15’s Netball team versed Arthur Phillip in a Knockout game, unfortunately Arthur Phillip was too strong for Mitchell High and we were knocked out of the competition.

Boys Cricket team have progressed to round 4 of the Sydney West Knockout.

Sydney West Representatives
Congratulations to Deyana Trikalioti - who represented Sydney West at The Combined High Schools Athletics Championships. Deyana was part of the 4x 400m Relay team which won Gold.

Year 7/8 Blacktown Zone Gala Day
Year 7 and 8 participated in the Zone Gala day and had great success in their Netball and Soccer games.

Duke of Edinburgh Award
Congratulations to Amanda Wade, Kyle Levertion, Thomas Robson-Nash, Caitlin Buckley-Rich, Eden Carter, Aaron Hulley, Liam Clarke and Tori Robinson who have achieved their Gold Award. Students interested in doing the Duke of Edinburgh program at Mitchell High School need to see Mrs Maguire in the PE Staffroom.

Mrs Maguire
Sport Co-ordinator

Superhero Child Care Day

The Year 11 Exploring Early Childhood class are to be congratulated for their outstanding effort and the child minding skills demonstrated on both Child Care Days on Wednesday 19th and Thursday 20th of August 2015. The class took on the BIG challenge of running a SUPERHERO theme Child Care Day as part of their assessment task. The class decided on this theme as we all agreed that no matter how big or small you are, ‘everyone needs a superhero’.
Parents from our local community and some of our staff members volunteered to send their 3-5 year olds to the centre for the day. Our students were delighted to look after the adorable children. As soon as the children were dropped off at our Childcare centre in room 11, the faces of the Year 11 students lit up.

There were many, many hours spent on behind the scenes as students worked together to create every small detail, which reflected the theme of the Child Care Day. The decorations, the activities and even the food reflected the theme. The two days were filled with interesting superhero activities planned by the students such as face painting, craft work, painting, colouring, cooking and outdoor play. There was also a quiet time session at the end of the day. We even had our own DIY photo booth, where students and the children could pose as superheroes. On Thursday, we were lucky to take the children to the petting zoo. On both days children thoroughly enjoyed their day. Each child was given a handmade certificate that said ‘this award is presented to…… for being an awesome superhero’.

The year 11 girls had a wonderful experience as child care workers. At the end of the day all the students were sad to say goodbye. I take this opportunity to thank the parents who volunteered to send their children to the Centre and for trusting us with their children. A big thank you also goes to Mrs Bernie Coleman for her contributions and support in making the exercise a huge success.

“Under the Sea” Textiles Art Piece Challenge

During the year, 9/10 Textile Technology had to select a theme of their choice based on the concept of “Under the Sea”. The students had to design and construct an Art Quilt which was to 40cm X 40cm in size for a home textile art product that displayed at least 2 decorative techniques.

From the class, two students were selected to take part in the Textiles Art Piece Challenge “Under the Sea”. I can proudly say that this was a difficult choice.

Alana’s concept was from Atlantis, The Underwater City which can be seen on the bottom half of the wall hanging. A black fabric was used to give the illusion of the silhouette of the city. The middle section is a representation of the sea which was created using liquid radiance salt texturising...
Sarah’s concept was based from a childhood memory of being at the beach with her family during the holidays. She remembered leaning over the end of the jetty to see what she could discover beneath the ocean. When she placed her face in the water, she discovered that the deep-sea was translucent, this was created using a sheer aqua fabric layer over the top of the appliqued marine life that she observed. She distinctly remembered a seagull perched on top of one of the tall posts, as well as the dark locks of her hair falling in front of her face. The resilient current of the water was depicted through quilting and different tones of thread.

I recently received an email, stating that Sarah has been awarded 3rd place for her wall hanging. Her project work will be photographed for the upcoming Technology Educators Association Inc Magazine and she will be presented with an award early next year at the Stitches and Craft show at Rosehill Racecourse. I would like to congratulate Sarah and the rest of the class for their excellent efforts throughout this project. I’m extremely proud of you all.

Wool4School Design Competition

Each year The Woolmark Company runs a design competition open to all Year 7, 8, 9, 10 and 11 Design and Technology, Textiles and Design, and Visual Art students nationwide, to design an original outfit utilising Australian Merino wool.

This year’s challenge was for students to design an outfit which not only reflected their own style, but also the perfect winter outfit suitable for either New York City, Tokyo, Paris, Moscow or New Delhi. The design needed to include at least 80% wool and students were to submit their annotated design drawings and justification for judging.

One of our Year 11 Textiles and Design students, Kahlia, took up this challenge and designed an outfit suitable for New York City as detailed in the pictures below.

Kahlia received an Honourable Mention for her submission, which is a fantastic effort as only five honourable mentions were awarded nationwide. Well done Kahlia, your creative ability is astounding.
Congratulations to the students from year 7 who attend an exciting incursion at school on the 1st of September. Students were provided with fun, colourful, hands-on problem solving activities. All students had an opportunity to solve problems and work in a group. After the incursion student spoke highly of the event:

The “World of Maths” incursion was not only interesting and unique, but it was extremely fun. I thought that we all enjoyed our time and I know that I would do it again.

We had a warm introduction and then we broke off into groups of four. We then began to participate in the problem solving activities. Each activity was different to the other, but just as enjoyable and informative. All the activities were well crafted and fun for children our age. After each group was done we sat down and talked about which problems we found difficult and which ones we found the easiest. Most children said the same things. Some of my favourites were “Mouse in the House” and Security Camera”

In all the experience was not only educational but also pleasingly memorable.

Elvan Uzal 7MA

Maths STAR

This year Mathematics Department has introduced Maths Star Reward Program to recognise and reward students in years 7 to 10. Students are selected from each class who have demonstrated REAL Mitchell High School values in maths classes.
These students were invited to a special morning tea towards the end of the term where they are presented with a Maths Star Certificate:


Luna Park Mathematics Excursion

Reminder to all Year 9 students, who are wishing to attend the Maths excursion to Luna Park on Thursday 10th December 2015. Students need to pay their money and hand in their permission note to their teachers to secure a position by Friday 13th November 2015.

Get ready to enjoy a fun day out!

Calculators

ATTENTION!!!

The cost of calculators are $24

Students need to make payment at the front office and bring their receipt to the Maths dept. to collect their calculator.

Problem Solving

1. The numeral 5 is placed at the right of a two-digit number to form a three-digit. The newly formed three-digit number is 437 greater than the original two-digit number.

Find the original two-digit number.

2. The factors of 2015 are {1, 5, 13, 31, 65, 155, N, 2015}.

Find N.

3. During a week in October, the temperature at noon in Switzerland is recorded in the chart.

Between which two consecutive days was the Celsius temperature increase the greatest?

4. Mrs Clark tried to solve the equation $2x + 5 = 73$, but she mistakenly switched the positions of the numbers on the left side of the equation, and also reversed the digits of the number on the right side of the equation.

(The first student who comes and see Mrs Clark in the Maths Dept. and gets all questions correct will receive 10 vivos.)

Ms Burness-Cowan
Head Teacher Mathematics
PBL Team News

The year is nearly over and a lot has been going on for PBL. In Term 3 we started by revising emergency evacuation procedures at the school – always an important safety topic to cover to ensure staff and students are up to date with the latest information.

The next session was on respecting and appreciating people’s differences. After this lesson the students participated in Heritage Day where our differences were on display with different cultural dances and food stalls to appreciate and enjoy.

Putting a stop to bullying has been a recent focus for PBL lessons. Students enjoyed playing a jeopardy game while learning about the effects of bullying at the end of last term. This term our lessons started with practical strategies for students to use when confronted with bullies. Students were then invited as a competition to design and decorate this hand on a poster that will be displayed around the school. Congratulations goes to Gianna Modica from ESL rollcall for her winning entry. Also thank you to all the other students who participated.

The final PBL lessons for the year are about building student resilience and the value of education.

Be on the lookout for more Vivo raffles and new prizes!

House Rewards Excursion

This year’s winning house will be announced shortly and all students from that house will be invited to participate in a Movie Day at Hoyts at Blacktown. Keep an ear out in roll call and on listen on assembly for when the notes become available.

Stay REAL!

The PBL Team

FIRST Lego League 2015

Saturday October 31st saw Mitchell High School competing for the sixth year at Macquarie University for the FIRST Lego League Competition. Two teams from our school entered and they have worked tirelessly for the past eight weeks in sport time and lunch times and have given up many hours after school and during holidays to prepare.

The teams were made up of ten students from years 7, 8 and 9, and included; Alexandra Nguyen, Sam Constantine, Bradley Hill, Danny Makhoul, Adrian Bruzzese, Clayton Hahn, Dale Lee-Eyles, Bojan Gotic, Pauline Deliso, and Amy Hardie. Both teams performed admirably, displaying FLL core Values and gracious professionalism towards other teams and competitors. Our MHS Team Alpha was successful in taking home a Special Judges Award trophy for their stand-out teamwork and positive attitude.

FIRST is ‘For Inspiration & Recognition of Science and Technology’, a not for profit organisation that strives to encourage young people across the world to experience and enjoy programs that involve technology, engineering, innovation and science. Their support of mentor-based programs, like their collaboration with the Lego Corporation to create the robotics league, develops teamwork, collaboration, lateral thinking, self-confidence and other vital life skills. FIRST Lego League requires students to build an autonomous robot to complete a challenge course full of obstacles. They must also create a research presentation based on the theme for the year, Trash Trek, about our ever mounting garbage problems.

FLL is open to students in years 7-10 and is great fun. We encourage girls and boys with an interest in problem solving, robotics and science to join us for the 2016 season.

Ms Bell

Welfare News

Wellness Week

Mitchell High School will be celebrating the inaugural Wellness Week in Week 7. The purpose behind this initiative is to promote wellbeing and positive mental health with a focus on self and caring for others. Throughout the week students will do short wellness related activities during roll call and will have the opportunity to engage in sessions being run by staff at lunchtimes, such as boot camp, meditation and mindfulness colouring in, addressing both physical and mental health needs.

Microsoft – We Speak Code Program

Microsoft Australia are working with a group of 21 girls from Year 7 and 8 as part of a coding program, enhancing their
educational opportunities as 21st century learners. They are developing skills in digital technologies through hands-on experience, individual activities and team building tasks. The students have participated in three sessions to date and are looking forward to a visit to the Microsoft Australia head office in Week 6. A big thank you to The Smith Family for supporting this partnership.

iTrack – Lee-Anne

Ten students from Year 10 completed two terms of iTrack, an online mentoring program. For one period a week, these students engaged in conversation with a mentor from the corporate world. The mentors provided advice to the students regarding patterns of study, setting goals, career choices and resume writing. A morning tea was held to celebrate the success of the program and to present the students with a certificate as well as a USB provided by The Smith Family.

ARUP

Twelve students from Year 10 had the opportunity to attend ARUP, an Engineering Consulting Firm, as part of the Work Inspiration Program. Work Inspiration is a business led initiative that provides young people with opportunities to experience the world of work in a meaningful and inspiring way. ARUP are a firm of designers, planners, engineers, consultants and technical specialists offering a broad range of professional services. The program involved group activities, building and designing solutions to problems, creating career boards, learning about emerging technologies, interviews, quizzes and a project site visit to Barangaroo. A highlight of the three day program was the students asking questions of their 30 year old selves. The video of this activity proved most entertaining for the students and ARUP staff alike.

DLA Piper/IAG

Some students from Year 10 were invited to be part of a Work Inspiration Program at DLA Piper, an international law firm and IAG, an insurance company. The aim is to expand the vision of employment opportunities for students and for them to find out about the steps required when considering applying for jobs or further education at university. The focus of the workshops was on interpersonal skills, interaction and interview skills. The students were involved in a range of activities including workplace tours, interviews with staff, role plays and looking behind the scenes of large corporations and the opportunities available in such sectors.

Young Justice Program

On Monday 12th October, Mr Danishyar and ten Year 7 students embarked on an excursion to the Supreme Court of NSW. Throughout the day students attended four workshops on the topics of Justice Country, Legal Education, Climate Change and the Environment and finally Human Rights and the Rights of Children. Students, staff and event organisers all enjoyed lunch at Hyde Park, which was across the road from the Supreme Court building. Students and from several schools in Sydney had a very enjoyable day and were exposed to various areas of law and shown that they can make a difference.

Connect

Students from Year 8 and 9 were invited to participate in a personal development group for girls called Connect. This program was run by Bernie Coleman, our Youth Worker. Connect topics include:

- Developing skills to improve self-esteem
- Teaching girls how to recognise and cope with feelings and how to react in positive ways
- Dealing with stress and conflict
- Enhancing friendships

Connect also, teaches skills in developing support networks and Develops ways for girls to enhance their self-worth.

Each session ended with a yarning circle as a method of debriefing about the topics explored during the program.

AIME

Congratulations to Alajah Wright in Year 12 who graduated from AIME (Australian Indigenous Mentoring Experience) in Term 3. Alajah has been a regular attendee of the AIME program since Year 9. She is a wonderful mentor for our younger indigenous students and she has embraced all opportunities to share her culture and to achieve educational success.
How to Report Cyberbullying

1. Report the cyberbullying material to the social media service
2. Collect evidence – copy URLs or take screenshots of the material

If the content is not removed within 48 hours......

4. Block the person and talk to someone you trust

If in immediate danger, call Triple Zero (000).

If a young person needs to talk to someone, visit Kids Helpline online or call them on 1800 55 1800, 24 hours a day, seven days a week.

HSC TSFX Lectures

‘Succeeding in the HSC’ is an annual event designed to provide students with the skills and information they need to reach their full potential in the HSC. The Program features include: English – Area of Study, subject specific advice from HSC exam markers and advanced study skills and exam strategies. Valued at over $250 these lectures are free of charge. Students must, however, make a $10 donation to The Fred Hollows Foundation representatives who will be in attendance on the day. Students can enrol at www.tsfx.com.au.

YourTutor – Online Tutoring Program

Stuck during study? YourTutor is a free online homework help site provided through our partnership with The University of Sydney. It is a live, one-to-one, anonymous online help program. The online tutors are teachers or university experts, thoroughly trained and monitored. Student information is confidential and protected. No appointments or travel are necessary. Tutors are available from 3.00 – 10.00pm, Sunday to Friday to help students get unstuck. Students can log in through:

astar.tv/yourtutor

Find out more at – sydney.edu.au/compass/programs/parents/yourtutor

Michelle Cate
Relieving HT Welfare

An Amazing European Adventure

During the end of term three and the September school holidays, Ms Mehic and I took 19 students to the other side of the world for an amazing European Adventure.

Our group landed in Rome and spent the first 8 days traversing our way through Italy, staying in Rome, Sorrento, Florence and Venice. We got to see and experience firsthand many historical monuments including the Colosseum, the Roman Forum, Pompeii and the statue of David. We spent the day at the beach in Positano and Amalfi, went to amazing art galleries and churches and also got to see the back canals of Venice on a gondola. Oh, and we ate lots and lots of gelato too.

After Italy we made our way to Neuchatel, Switzerland where we spent 6 nights with host families, experiencing Swiss hospitality and eating our fair share of Swiss chocolate. A highlight of this part of the trip was definitely the day spent in the Swiss Alps.

After Switzerland we hopped over the border into Wertheim, Germany and met our next host families, with whom we spent 4 nights. Out time in Germany included a day in the old city of Heidelberg. The view from Heidelberg Castle was great, however the walk up was a little tiring.

We ended our time in Europe with three days in Paris. It may not have been a long time in the city of love but we packed in lots of sightseeing. Highlights were going up the Eiffel Tower at night time and a day of fun at Disneyland. The students came back lighter in weight from all the walking and sightseeing we did over the 24 days, but their luggage definitely came back a lot heavier thanks to all the souvenirs they bought as reminders of our amazing trip.

It was a life changing trip for all involved and I would recommend all students consider going on one of the international trips MHS offers our students.

More photos from the trip can be seen on the school’s website.

Mr Turner
Dear Parent/Carer(s)

**IMPORTANT INFORMATION**

Changes to SSTS applications and the introduction of the School Opal Card

The School Student Transport Scheme (SSTS) gives eligible students free or subsidised travel between home and school, on the approved train, bus or ferry services.

From Term One 2016, Transport for NSW will be issuing School Opal Cards to students eligible for travel under the School Student Transport Scheme via a new online application process.

The introduction of the new School Opal Card and online application form will provide significant benefits for schools:

**Automatic renewal for 2016**
Most parent/carer(s) and students won’t need to apply for a School Opal Card if they have already been given a school student travel pass and will automatically receive a School Opal Card in 2016.

However, parent/carer(s) and students will need to apply if the student:

- is just starting school and has not had a pass before
- is in a transition year (i.e., year 2 to 3, or 6 to 7)
- is changing schools, including going between primary and secondary school
- or, if the student’s personal details have changed (e.g. address).

**How to apply for a School Opal Card**

1. Complete the School Opal Card Application Form at [www.transportnsw.info/school-students](http://www.transportnsw.info/school-students)

2. Print, sign and date the completed form and submit your form the administration office for endorsement.

3. The school will post the endorsed application form on your behalf. The School Opal Card will be posted to the home address you provided in the applications.

School Opal Cards will be sent to the school for existing pass holders for distribution for travel in Term One and all new applications received for travel from the start of 2016 will be sent directly to the student’s nominated address.

**Online application form**
Schools will no longer keep the SSTS application form as parents/carer(s) and students go online from 2 November 2015 to complete their application form.

For more information visit: [www.transport.info/school-students](http://www.transport.info/school-students) or call 131 500
Dear Parent/Carer,

Re: Year 10 Science Camp, 2016

As part of the Year 10 Science course, students in Year 10, 2016, will be required to participate in first-hand activities. The activities will cover Science course outcomes for Earth and Environment, Chemistry and Biology topics. This will also help students to gain an insight into the Senior Science subjects – Chemistry, Biology and in particular Earth and Environmental and Senior Science.

The Science Camp will be over the course of two days, Thursday the 31st March and Friday the 1st April, 2016. Year 10 will be travelling by bus to Jenolan Caves, via the Blue Mountains. Students will go to a former coal mine via the Scenic Railway at Katoomba. At Jenolan Caves, students will go on a guided tour of a cave and visit a hydroelectricity station. Students will stay the night in accommodation at Jenolan Caves.

On the following day, visits to different locations in the Blue Mountains will allow students to observe geological formations, gain an understanding of how the formations formed and identify native and introduced species of plants and animals.

This will be a great opportunity. This letter seeks to inform parents/carers early on, so that you will have more time to plan financially. The estimated cost is approximately $150 per student, which will include transport, accommodation, dinner, breakfast, the Scenic Railway and a Guided Cave Tour. More information will be sent home in Term 1, 2016.

Ms E. Marinis
Relieving Principal

Dr V. Munro-Smith
Science Camp Coordinator

Mr S. Debrincat
HT Science
Mitchell High School

Dear Student/Parent/Guardian,

Commencing Monday 2nd November 2015, many school bus numbers will be changing as shown below. It is important that you make yourself aware of the new bus number for the morning and afternoon trip, as both will be different.

<table>
<thead>
<tr>
<th>AM - PM</th>
<th>Current Bus Number</th>
<th>New Bus Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>AM</td>
<td>2</td>
<td>6018</td>
</tr>
<tr>
<td>PM</td>
<td>2</td>
<td>6508</td>
</tr>
<tr>
<td>PM</td>
<td>3</td>
<td>6542</td>
</tr>
</tbody>
</table>

This change to 4 digit numbers is required to ensure Busways can meet guidelines set by Transport for NSW in terms of reporting and ticketing functionality.

Detailed school bus timetables (including all connecting services) are available on the Busways website at www.busways.com.au or for further information, please contact Busways Customer Service on 9497 1870 or 9497 1887.

Busways wishes to apologise for any confusion this critical information upgrade may cause.

Yours sincerely,

BUSWAYS BLACKTOWN PTY LTD
(27) Mitchell High School (19/10/2015)
**STUDENT UNIFORM INFORMATION** Mitchell High School Uniform

All items except shoes and socks are available exclusively from the school uniform shop. The Uniform Shop is opened every **Tuesdays from 8.00am to 12.00pm and Thursdays from 12.00pm to 4.00pm** in the foyer of the school hall.

<table>
<thead>
<tr>
<th>Boys</th>
<th>Girls</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Junior</strong></td>
<td><strong>Senior</strong></td>
</tr>
<tr>
<td><strong>Junior</strong></td>
<td><strong>Senior</strong></td>
</tr>
<tr>
<td>As for summer plus: Mitchell HS spray jacket or Mitchell HS sloppy joe or Mitchell HS woollen jumper</td>
<td>As for summer plus: Mitchell HS spray jacket or Mitchell HS sloppy joe or Mitchell HS woollen jumper or Mitchell HS navy blazer Year 12 jersey in Terms 2 &amp; 3 only</td>
</tr>
</tbody>
</table>

**PE and Sport**


**Accessories**

| Boys: Grey or black belts. **Girls:** Navy blue or white (hair accessories, scarves etc) Jewellery allowed includes a watch, studs, sleepers and one signet ring. No make-up |
## Compulsory Items

<table>
<thead>
<tr>
<th>Junior Boys Uniform (Grades 7-10)</th>
<th>$</th>
<th>Quantity/Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Junior polo shy</td>
<td>$27.50</td>
<td></td>
</tr>
<tr>
<td>Shorts</td>
<td>$30.00</td>
<td></td>
</tr>
<tr>
<td>Boys pants</td>
<td>$42.00</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Senior Boys Uniform (Grades 11-12)</th>
<th>$</th>
<th>Quantity/Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Senior polo white</td>
<td>$37.50</td>
<td></td>
</tr>
<tr>
<td>Senior shirt US white</td>
<td>$37.00</td>
<td></td>
</tr>
<tr>
<td>Senior shirt SS white</td>
<td>$37.00</td>
<td></td>
</tr>
<tr>
<td>Shorts</td>
<td>$30.00</td>
<td></td>
</tr>
<tr>
<td>Boys pants</td>
<td>$42.00</td>
<td></td>
</tr>
<tr>
<td>Tie</td>
<td>$20.00</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Junior Girls Uniform (Grades 7-10)</th>
<th>$</th>
<th>Quantity/Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Junior blouse SS shy</td>
<td>$27.50</td>
<td></td>
</tr>
<tr>
<td>Junior blouse US shy</td>
<td>$29.50</td>
<td></td>
</tr>
<tr>
<td>Navy girls shorts</td>
<td>$35.00</td>
<td></td>
</tr>
<tr>
<td>Navy girls pants</td>
<td>$39.00</td>
<td></td>
</tr>
<tr>
<td>Tamaki skirt</td>
<td>$48.50</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Senior Girls Uniform (Grades 11-12)</th>
<th>$</th>
<th>Quantity/Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Senior blouse white</td>
<td>$27.50</td>
<td></td>
</tr>
<tr>
<td>Navy girls shorts</td>
<td>$35.00</td>
<td></td>
</tr>
<tr>
<td>Navy girls pants</td>
<td>$39.00</td>
<td></td>
</tr>
</tbody>
</table>

## Unisex Sports Uniform

<table>
<thead>
<tr>
<th>$</th>
<th>Quantity/Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sports polo white/ navy pants</td>
<td>$23.00</td>
</tr>
<tr>
<td>Sport shorts</td>
<td>$25.00</td>
</tr>
<tr>
<td>Cap</td>
<td>$12.00</td>
</tr>
</tbody>
</table>

## Winter Uniform

<table>
<thead>
<tr>
<th>$</th>
<th>Quantity/Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blazer</td>
<td>$88.00</td>
</tr>
<tr>
<td>Boys pants</td>
<td>$42.00</td>
</tr>
<tr>
<td>Microfibre jacket</td>
<td>$60.00</td>
</tr>
<tr>
<td>Microfibre pants</td>
<td>$38.00</td>
</tr>
<tr>
<td>Sweatshirt/Staple jog</td>
<td>$28.00</td>
</tr>
<tr>
<td>Woolen jumper</td>
<td>$64.00</td>
</tr>
<tr>
<td>Microfibre tights navy</td>
<td>$5.50</td>
</tr>
<tr>
<td>Microfibre tights black</td>
<td>$8.50</td>
</tr>
</tbody>
</table>

## Hospitality Uniform

<table>
<thead>
<tr>
<th>$</th>
<th>Quantity/Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Polo</td>
<td>$29.50</td>
</tr>
<tr>
<td>Chef's hat</td>
<td>$12.50</td>
</tr>
<tr>
<td>Apron - Black</td>
<td>$10.00</td>
</tr>
</tbody>
</table>

## TAS (Technical and Applied Studies) Uniform

<table>
<thead>
<tr>
<th>$</th>
<th>Quantity/Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Apron - navy</td>
<td>$10.00</td>
</tr>
</tbody>
</table>

*Prices effective June 2015. Prices are subject to change without notice.*
Making a Scientific Model of a VOLCANO
(The following photos are of 10SD – Teacher: Mr Debrincat)
Making a Scientific Model of the BRAIN
(The following photos are of Yr 9SG – Teacher: Mr Debrincat)
DON’T MISS OUT

YEAR 12 GRADUATION AND FAMILY PHOTOGRAPHS
THURSDAY 17 SEPTEMBER 2015

GO TO ADVANCEDLIFE.COM.AU
USE THE CODE F2P BMF D6K TO ORDER
CLICK ON EVENT PHOTOS

Images will be available online from 25 September, 2015

Purchase a 5x7 or 8x10 inch print.

5x7” - $15  8x10” - $25

DON’T MISS OUT

VISIT ADVANCEDLIFE.COM.AU
AND USE THE CODE F2P BMF D6K TO ACCESS MITCHELL HIGH SCHOOL’S GRADUATION/FAMILY PHOTOGRAPHS IMAGES WILL BE AVAILABLE ONLINE ON 25/09/2015

advancedlife photography & print specialists
When you go with Award-winning, Department of Education-registered Southern Cross Cultural Exchange (founded since 1983) as a 15 — 18 year-old, you know you’re in a safe pair of hands. The foreign language, the cultural and communication skills you pick up, the personal development you gain, your ability to cope independently and your flexibility and good negotiation skills, have all been realised by many program returnees themselves. All of these skills are favourably looked upon by future employers.

Whether the program you choose is amongst our old favourites to destinations like France, Italy, Germany, Denmark, Spain, Japan, China, Canada, USA, Hawaii, Finland, Norway, Sweden, Ireland or England — or to our new destination, Argentina — you’ll be exposed to a different culture and other ways of thinking as an exchange student whilst living with your volunteer host family in that culture, have fun, attend school and make lifelong overseas friends.

*Simply apply online at www.scce.com.au and pay your deposit to lock in your Earlybird Special!*

$1,000 off your Year / 10-month Program
$500 off your Semester / 5-month Program
$250 off your Short-term 2-month, 2.5-month or 3-month Program

<table>
<thead>
<tr>
<th>APPLICATION &amp; DEPOSIT BY THIS DATE TO QUALIFY FOR YOUR EARLYBIRD DISCOUNT</th>
<th>PROGRAM DEPARTURE</th>
</tr>
</thead>
<tbody>
<tr>
<td>15 December 2015</td>
<td>August 2016</td>
</tr>
<tr>
<td>15 December 2015</td>
<td>September 2016</td>
</tr>
<tr>
<td>31 March 2016</td>
<td>November 2016</td>
</tr>
<tr>
<td>31 March 2016</td>
<td>December 2016</td>
</tr>
<tr>
<td>31 March 2016</td>
<td>January 2017</td>
</tr>
</tbody>
</table>
LIVE AND STUDY OVERSEAS IN 2016!
Step out of your comfort zone
Be challenged
Gain cultural insight,
higher language scores and new perspectives!

Talk to Department of Education-registered
Southern Cross Cultural Exchange (since 1983)
Meet returnees and find out how!

TERM 4 INFORMATION SESSIONS

13 Oct
Tues
7-9 pm
Lane Cove
Lane Cove Library
Library Place
(Parking below in Austin St)

29 Oct
Thurs
6.30-
7.30 pm
Casino
Casino Golf Club
40 West St

28 Oct
Wed
6.30-
7.30 pm
Lismore
Lismore Workers Club
231 Keen St

10 Nov
Tues
7-9 pm
Lane Cove
Lane Cove Library
Library Place
(Parking below in Austin St)

1800 500 501 scceaust@scce.com.au
www.scce.com.au

Mitchell High School
Respectful, Engaged & Active Learners